We claim:

1. An orally administered enteric pharmaceutical composition which consists essentially of a salt, amide or ester of (–)-hydroxycitric acid or a combination of salts, amides and esters of (–)-hydroxycitric acid and adjuvants suitable for oral enteric administration.

2. The composition of claim 1 wherein the dosage form is an enteric coated tablet.

3. The composition of claim 2 wherein the tablet is rendered enteric by being coated with one or more acid resistant hydrophobic polymers and plasticizers wherein the polymer and plasticizer are selected from the group consisting of cellulose acetate phthalate, ethyl cellulose, zein, acrylic polymers, diethyl phthalate, acetylated glycerides, hydroxymethylpropylmethyl cellulose phthalate, polyvinyl acetate phthalate, cellulose acetate trimalleate, acrylic polymer plasticizers, polymers of poly lactic acid, polymers of glycolic acid, Eudragit methacrylic acid and methacrylic acid esters, Resomer® RG enteric polymer, shellac and mixtures thereof.

4. The composition of claim 3 wherein the tablet coating is applied as an amount about 1-10% of the weight of the tablet, with the most desirable amount being about 2 to 8%.

5. The composition of claim 1 wherein the dosage form is an enteric capsule.

6. The composition of claim 5 wherein the capsule is rendered enteric by being coated with one or more acid resistant hydrophobic polymers and plasticizers wherein the polymer and plasticizer are selected from the group consisting of cellulose acetate phthalate, ethyl cellulose, zein, acrylic polymers, diethyl phthalate, acetylated glycerides, hydroxymethylpropylmethyl cellulose phthalate, polyvinyl acetate phthalate, cellulose acetate trimalleate, acrylic polymer plasticizers, polymers of poly lactic acid, polymers of glycolic acid, Eudragit methacrylic acid and methacrylic acid esters, Resomer® RG enteric polymer, shellac and mixtures thereof.

7. The composition of claim 6 wherein the capsule coating is applied as an amount about 1-10% of the weight of the capsule, with the most desirable amount being about 2 to 8%.

8. The composition of claim 5 wherein the capsule is rendered enteric by having added into the capsule shell one or more acid resistant hydrophobic polymers and plasticizers wherein the polymer and plasticizer are selected from the group consisting of cellulose acetate phthalate, ethyl cellulose, zein, acrylic polymers, diethyl phthalate, acetylated glycerides, hydroxymethylpropylmethyl cellulose phthalate, polyvinyl acetate phthalate, cellulose acetate trimalleate, acrylic polymer plasticizers, polymers of poly lactic acid, polymers of glycolic acid, Eudragit methacrylic acid and methacrylic acid esters, Resomer® RG enteric polymer, shellac and mixtures thereof.

9. The composition of claim 8 wherein the capsule enteric additive is an amount about 1-10% of the weight of the capsule, with the most desirable amount being about 2 to 8%.

10. An orally administered enteric pharmaceutical composition which consists essentially of (–)-hydroxycitric acid, a salt, amide or ester of (–)-hydroxycitric acid or a combination of (–)-hydroxycitric acid and salts, amides and esters of (–)-hydroxycitric acid and adjuvants suitable for oral enteric administration wherein the active components are provided in a liquid form by being suspending in oils, polyethylene glycol-400, other polyethylene glycols, poloxamers, glycol esters, and acetylated monoglycerides of various molecular weights adjusted such as to insure homogeneity of the capsule contents throughout the batch and to insure good flow characteristics of the liquid during encapsulation.

11. The composition of claim 10 wherein the dosage form is an enteric soft gelatin capsule.

12. The composition of claim 10 wherein the capsule is rendered enteric by being coated with one or more acid resistant hydrophobic polymers and plasticizers wherein the polymer and plasticizer are selected from the group consisting of cellulose acetate phthalate, ethyl cellulose, zein, acrylic polymers, diethyl phthalate, acetylated glycerides, hydroxymethylpropylmethyl cellulose phthalate, polyvinyl acetate phthalate, cellulose acetate trimalleate, acrylic polymer plasticizers, polymers of poly lactic acid, polymers of glycolic acid, Eudragit methacrylic acid

and methacrylic acid esters, Resomer® RG enteric polymer, shellac and mixtures thereof.

13. The composition of claim 12 wherein the capsule coating is applied as an amount about 1-10% of the weight of the capsule, with the most desirable amount being about 2 to 8%.

14. The composition of claim 10 wherein the capsule is rendered enteric by having added into the capsule shell one or more acid resistant hydrophobic polymers and plasticizers wherein the polymer and plasticizer are selected from the group consisting of cellulose acetate phthalate, ethyl cellulose, zein, acrylic polymers, diethyl phthalate, acetylated glycerides, hydroxymethylpropylmethyl cellulose phthalate, polyvinyl acetate phthalate, cellulose acetate trimalleate, acrylic polymer plasticizers, polymers of poly lactic acid, polymers of glycolic acid, Eudragit methacrylic acid and methacrylic acid esters, Resomer® RG enteric polymer, shellac and mixtures thereof.

15. The composition of claim 14 wherein the capsule enteric additive is an amount about 1-10% of the weight of the capsule, with the most desirable amount being about 2 to 8%.